

Abstract of the Disclosure

A pair of swimming/diving goggles includes a soft frame having two outer sides each having an engaging portion, two lenses mounted in the soft frame, a head strap, and two connecting blocks respectively mounted to the engaging portions of the soft frame. Each connecting block is pull-resistant and includes a through-hole for engaging with the head strap. Each connecting block is at least partially embedded in and thus fixed by a plastic material for forming the soft frame. The soft frame is bendable according to a head contour of a user, providing an intimate contact with two sides of the head of the user. The respective connecting block is not deformed when the head strap is pulled.